NEW TITLES
WOMEN & NEWBORN HEALTH LIBRARY
SEPTEMBER 2020

ABORIGINALITY
White fragility: why it's so hard for white people to talk about racism / DiAngelo, Robin. WA 399 DIA

GENERAL WOMEN'S HEALTH
Interval weight loss for women / Fuller, Nick. WB 400 FUL
John Murtagh's patient education / Murtagh, John. R W 85 MUR

GRIEF AND LOSS
Ask me his name: learning to live and laugh again after the loss of my baby: a mother's story of hope / Wright, Elle. BF 575 WRI

MENOPAUSE
The M Word: how to thrive in menopause / Mansberg, Ginni. WP 580 MAN

MULTIPLES
Double happiness multiplied: what you need to know about having twins, triplets & quads / Barker, Sally. WQ 235 BAR

NEWBORN
The no-cry solution: gentle ways to help your baby sleep through the night / Pantley, Elizabeth. WS 113 PAN
The sleep lady's good night, sleep tight / West, Kim. WS 113 WES
Soon / Gleeson, Libby. WS 105.5.F2 GLE
NICU

Come home Ella / Davies, Chelsea. WS 410 DAV

PARENTING

Baby on board: understand your baby's needs in the first twelve months / Chilton, Howard. WS 105 CHI

I'm ready for the new baby / Robaard, Jedda. WS 105.5.F2 ROB

Love you head to toe / Barron, Ashley. WS 105.5.F2 BAR

Man raises boy: a revolutionary approach for fathers who want to raise kind, confident and happy sons / Sturrock, Rob. WS 105.5.F2 STU

Not so mumsy: finding happiness, confidence and your style in motherhood / Leone, Marcia. WS 105.5.F2 LEO

Smart baby cookbook: boost your baby's immunity and brain development / Cheney, Lauren. WS 120 CHE

PREGNANCY AND BIRTH

Pregnancy, birth and your baby: a guide to your care with King Edward Memorial Hospital / KEMH WQ 150 PRE

Understanding birth: a comprehensive guide / WQ 152 UND

High risk: a doctor's notes on pregnancy, birth and the unexpected / Karkowsky, Chavi Eve. WQ 240 KAR

Beyond the birth plan: getting real about power and pain / Dempsey, Rhea. WQ 152 DEM

Hypnobirthing: practical ways to make your birth better / Miller, Siobhan. WQ 152 MIL

The modern midwife's guide to pregnancy, birth and beyond / Louise, Marie. WQ 150 LOU

Mind, body, bump: the complete plan for an active pregnancy / Williams, Brit. WQ 175 WHA